

**The Beyond Words Organization  
in Collaboration with  
the school for Radical Aliveness Core Energetics in Los  
Angeles California  
Invite you to ...**



**Beyond Words/The Core Energetics**

## **2 Year Leadership Training Course**

### **Background:**

For years much of the behavior of those who live in the Middle East has been led by painful emotions that have no safe place to be expressed and released. Palestinian Arabs and Jews who live in Israel and in the Palestinian Occupied Territories rarely meet to listen to one another and talk about their feelings. Even rarer are opportunities where they can gather together and work through and transform these painful emotions.

This course is all about this transformative work and the goal is that the Jewish and Arab Palestinian participants themselves become a powerful healing presence when faced with strong emotions in their every day lives. We believe that having more and more people who can safely handle painful emotions and transform them is a major key to our ability to work for and achieve peace in this part of the world.

**About the course:**

This 300 academic hour course offers a theoretical and experiential exploration into alternative methods that promote peace, positive leadership, dialogue and joint living. Participants will have an opportunity to study both Core Energetics Radical Aliveness with **Ann Bradney** Director of the California Institute and **Anna Timmermans**, Director of the Dutch Institute and the Beyond Words multi disciplinary approach with **Nitsan Gordon**, director of Beyond Words and lead facilitator **Sylvia Margia** and others from the staff of the Beyond Words Organization.

Participants will meet for two six day sessions and five weekends throughout each year. During the second year they will be required to practice the approach in small groups and one on one settings bringing material for supervision to the group meetings. Those who graduate will receive a Radical Aliveness Core energetics practitioner certificate from the school of Radical Aliveness and a facilitator certificate from the Beyond Words Organization.

**Topics will include:**

1. Understanding and healing of prejudices
2. Increasing emotional intelligence
3. Creating listening partnerships
4. Authentic and creative movement and dance therapy interventions
5. Understanding character structures
6. Energy and consciousness
7. Being in our positive leadership in the presence of strong emotions
8. Methods of conflict transformation and resolution
9. Working with the body and energy as well as with groups and field energy and more...
10. The benefits of healing touch

**Dates for 2011**

March 6-11, April 15-16, May 20-21, June 17-18, Sep.16-17, October 16-22 , December 9-10

**Dates for 2012**

March 5-11, 2012, April 20-21, May 18-19, June 22-23, September 14-15, December 14-15

**The course will take place in Kibbutz Nes Ammim in Northern Israel**

**Cost of course including accommodations for 22 days is \$2800 per year**

**For more information please email us at [beyondwords.org@gmail.com](mailto:beyondwords.org@gmail.com)**

**or call us at 04-9570481**